

[PEPPERMINT BODY SCRUB RECIPE](#)



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Homemade Peppermint Sugar Scrub Recipe. 1 c white sugar (brown sugar may be used but gives a darker color) 1/3 c coconut oil (may also use olive, jojoba or almond) 22 drops Peppermint essential oil; Instructions. Put sugar in a small mixing bowl. Add coconut oil or oil of choice and stir with a spoon thoroughly. Add essential oil and stir.

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Homemade Peppermint Sugar Scrub Recipe One Crazy Mom

Homemade Peppermint Sugar Scrub Recipe. Peppermint Sugar Scrub is one of my favorite scrub recipes. Not only does it smell wonderful but it looks so pretty layered in a clear container. The red and white look so festive and it is truly the perfect gift idea for the holidays.

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Peppermint Lavender Body Scrub Recipe My Skincare Recipes

[recipe] Peppermint Lavender Body Scrub Recipe Ingredients: 2 cup rolled oats 1 cup almonds 2 tsp dried lavender 2 tsp dried peppermint 2 cup white

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Peppermint DIY Foot Scrub Recipe The Nourished Life

Generally, I use this peppermint foot scrub when my feet are rough and then as a soak when my feet are fairly good but need a little maintenance. Ingredients in this DIY Foot Scrub Recipe. I used Epsom salts because they are high in magnesium, which can be absorbed through your skin.

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